Cancer & Sexuality Resources

Resources for women, men & couples...

Dr. Anne Katz, Author of...
• Women Cancer Sex
• Men Cancer Sex
• Sex When You’re Sick
http://www.drannekatz.com/

Healthy Sexuality After Cancer by A Woman’s Touch

Intimacy After Cancer: A Woman’s Guide by Sally Kydd

Penile Rehabilitation after Prostate or Pelvic Surgery or Radiation by A Woman’s Touch Sexuality Resources, Myrtle Wilhite, MD, MS
http://www.awomanstouchonline.com/dr_myrtle.php?articleID=3237

Sexuality & Intimacy in Cancer Survivorship by Sage Bolte, Ph.D., LCSW, OSW-C

Sexuality & Intimacy by the Leukemia & Lymphoma Society
http://www.lls.org/diseaseinformation/managingyourcancer/treatmentnextsteps/sideeffects/sexualityintimacy/


Sex and Men with Cancer by the American Cancer Society

Sexuality & Reproductive Issues by the National Cancer Institute
http://www.cancer.gov/cancertopics/pdq/supportivecare/sexuality/Patient/page1/AllPages#1

Sexuality for Women with Cancer by the American Cancer Society

Sexy After Cancer
http://www.sexyaftercancer.com/

Sexy After Cancer, Radio Spot
http://www.audioacrobat.com/play/W7x1G99s

The Lovin’ Ain’t Over: The Couples Guide to Sex After Prostate Disease by Ralph Alterowitz.

The Lovin’ Ain’t Over for Women with Cancer by Ralph Alterowitz.

Vaginal Renewal by A Woman’s Touch Sexuality Resources, Myrtle Wilhite, MD, MS

For Health Care Professionals...

Helping Couples Cope with Women’s Cancers: An Evidenced Based Approach for Practitioners by Karen Kayser.

Sexuality Issues in Cancer Care by Seminars in Oncology Nursing (14 Journal Articles available)
http://www.seminarsoncologynursing.com/issues?issue_key=S0749-2081(08)X0002-6#

To Find a Certified Sex Therapist near you...

American Association of Sexuality Educators, Counselors & Therapists (AASECT)
http://www.aasect.org/directory.asp

Positive daily affirmations can be very helpful...

Here is an example from Oncology Counselor, Sage Bolte

“I will do everything I can to love and enhance my body and its’ healing. I will do everything I can to love and enhance the way I feel about myself.”